

PRELIMINARY AGENDA
NASOM Conference – Ottawa Ontario
Friday June 5 & Saturday June 6, 2026

Friday June 5, 2026 DAY 1		
12:30 – 12:35	Welcome Address	Dr. Jayson Potts
12:35 – 13:35 <i>45 mins</i> <i>15 mins Q&A</i>	Keynote Speaker: Dr. Alana Cattapan Topic: Contemporary Depictions of Pregnancy: implications for Law & Policy	<i>Moderator: TBD</i>
Brief Description: This keynote will examine social constructions of the pregnant body, in medicine, media, public health campaigns. It argues that popular depictions of pregnancy too-often minimize the agency of pregnant people, and that casting pregnant people as peripheral to their own bodies and pregnancies has significant implications for law and public policy.		
Objectives: <i>At the conclusion of the keynote, participants will be able to:</i> <ul style="list-style-type: none"> - <i>Understand how certain images and language depicting pregnancy can undermine the agency of pregnant people</i> - <i>Propose alternatives to common misrepresentation in media of pregnancy and pregnant people</i> - <i>Identify the implications of popular depictions of pregnancy for policy and law</i> 		
13:35 – 14:25 <i>40 mins</i> <i>10 mins Q&A</i>	Topic: PLGF/early prediction of pre-eclampsia Speaker: Dr. Emmanuel Bujold	<i>Moderator: TBD</i>
Objectives: <ul style="list-style-type: none"> - <i>Examine the role of plgf in the pathophysiology of preeclampsia</i> - <i>Evaluate its utility as a biomarker for the diagnosis and risk stratification of pre-eclampsia</i> - <i>Review current evidence on the integration of PLGF testing in management</i> 		
14:25 – 15:15 <i>40 mins</i> <i>10 mins Q&A</i>	Topic: Member's symposium Speakers: Dr. Katherine Ross Dr. Saumya Jayakumar	<i>Moderator: TBD</i>
Objectives: <ul style="list-style-type: none"> - <i>Recognize the increasing incidence of pregnancy in patients with chronic liver disease and cirrhosis</i> - <i>Identify patients who are at higher risk for complications in pregnancy related</i> 		

	<p><i>to their liver disease</i></p> <ul style="list-style-type: none"> - <i>Treat patients with cirrhosis who become pregnant using a multidisciplinary, patient-centered approach</i> 	
15:15 – 15:35	Break and poster viewing session	
15:35 – 16:00 <i>20 mins</i> <i>5 mins Q&A</i>	<p>Topic: Dietician's pearls</p> <p>Speaker: Amy MacDonald</p>	<p><i>Moderator: TBD</i></p>
<p>Objectives:</p> <ul style="list-style-type: none"> - <i>Implement a practical carbohydrate-counting strategies in pregnancy including insulin to carbohydrate ratios (ICRs) and emerging digital tools to support real-world insulin dosing</i> - <i>Anticipate trimester-specific insulin timing needs, including pre-bolus strategies</i> - <i>Problem-solve insulin dosing in common pregnancy scenarios, such as nausea, vomiting, early satiety or delayed and unpredictable meals.</i> - <i>Integrate meal composition and meal order principles to optimize post-prandial glucose control while intaking recommended carbohydrate amounts</i> - <i>Establish a CGM data to guide food and insulin decisions in pregnancy</i> 		
16:00– 16:25 <i>20 mins</i> <i>5 mins Q&A</i>	<p>Topic: Pregnancies in women with cystic fibrosis in the era of CFTR modulators</p> <p>Speaker: Dr. Shawn Aaron</p>	<p><i>Moderator:</i></p>
<p>Objectives:</p> <ul style="list-style-type: none"> - <i>Analyze how CFTR modulator therapy has changed fertility, pregnancy incidence, and maternal outcomes in women with cystic fibrosis</i> - <i>Evaluate current evidence on the safety, risks, and benefits of CFTR modulator use during pregnancy and lactation</i> - <i>Apply a multidisciplinary, evidence-based approach to counseling and managing pregnant women with cystic fibrosis in the CFTR modulator era</i> 		
16:25 - 17:35	Case-report competition	<i>Moderators: TBD</i>
17:35 – 17:45	Closing Remarks	Dr. Meena Khandelwal
18:10 - 18:40	General Body – Business Meeting	

Saturday, June 6, 2026
DAY 2

7:00 – 8:00	Breakfast Meet the President (new members)		
8:00 – 8:05	Welcome back and announcements		Dr. Stephanie-Kim Cérat
8:05 – 9:05 <i>45 mins</i> <i>15 mins</i> Q&A	Topic: Top 5 Articles of 2025 Speakers: Dr. Jayson Potts Dr. Serena Gundy Dr. Xavier Thompson		<i>Moderator: TBD</i>
	Objectives: <ul style="list-style-type: none"> - <i>Revise the key articles published in 2025 in Obstetric Medicine</i> - <i>Critically analyze data and decide if changes in practice should be made</i> 		
9:05 - 9:40 <i>30 mins</i> <i>5 mins Q&A</i>	Implementation Session	Topic: Implementing a eConsult session for Obstetric Medicine service Speaker: Dr. Erin Keely	<i>Moderator: TBD</i>
		Objectives: <ul style="list-style-type: none"> - <i>Discuss how to practically assess the need for an Obstetric medicine e-consult service in your catchment area/city/province/state</i> - <i>Identify the different stakeholders and the important roles that need to be fulfilled for successful implementation</i> - <i>Explore important non-medical considerations: medico-legal (professional liability, privacy and consent issues, etc.), platform selection, funding insights in Canada (country and province specific)</i> - <i>Provide practical recommendations for clinician retention (ease of access to the platform, clear expectations from clinicians, payment structure, responsive administrative support, etc.)</i> - <i>Highlight a feasible feedback mechanism for periodic reassessment of the service, which metrics measure success and what is the best way to offer feedback to participating clinicians</i> 	
9:40 – 10:00	Break and Poster viewing session		
10:00-10:35 <i>30 mins</i> <i>5 mins Q&A</i>	Implementation Session	Topic: Ambulatory Monitoring of Blood Pressure Speaker: Dr Gillian Ramsay	<i>Moderator: TBD</i>
		Objectives: <i>TBD</i>	

10:35-11:10 30 mins 5 mins Q&A	Topic: Hypertensive Emergencies Protocol Speaker: Dr Isabelle Malhamé	Moderator: <i>TBD</i>
	Objectives: <i>TBD</i>	
11:10-11:45 30 mins 5 mins Q&A	Topic: Hepatology in pregnancy Speaker: Dr. Geneviève Huard	Moderator: <i>TBD</i>
	Objectives: <ul style="list-style-type: none"> - <i>Review the pathophysiological mechanisms underlying Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD) and how its course is affected by pregnancy</i> - <i>Evaluate the impact of MASLD on maternal and fetal health</i> - <i>Discuss current pharmacological and non-pharmacological treatment options for MASLD during pregnancy</i> 	
11:45-12:45	Working Lunch - Strategic Planning meeting	
12:45-13:55	Oral Abstract Presentations	Moderators: <i>TBD</i>
13:55-14:35 15 mins 5 mins Q&A X2	Topic: Hypertriglyceridemia Speaker: Dr. Jeanine Malcolm	Moderator: <i>TBD</i>
Short Snappers	Objectives: <ul style="list-style-type: none"> - <i>Review physiologic changes in pregnancy affecting lipids</i> - <i>Discuss maternal morbidity and fetal effects of severe hypertriglyceridemia in pregnancy</i> - <i>Counsel pregnant patients regarding treatment options of hypertriglyceridemia in pregnancy.</i> 	
	Topic: Approach to bleeding disorder in pregnancy Speaker: Dr. Roy Khalife	Moderator: <i>TBD</i>
	Objectives: <ul style="list-style-type: none"> - <i>Identify bleeding disorders most commonly unmasked in pregnancy, during delivery and in the postpartum</i> - <i>Develop a practical approach to the management of bleeding disorders during delivery, neuraxial anesthesia and prevention and treatment of postpartum hemorrhage</i> 	
14:35-15:10 30 mins 5 mins Q&A	Topic: Obesity management in preconception Speaker: Dr. Heidi Dutton	Moderator: <i>TBD</i>

	<p>Objectives:</p> <ul style="list-style-type: none"> - Apply a risk-stratified approach to preconception counseling in patients with obesity, integrating BMI, age, metabolic comorbidities and reproductive timeline - Compare surgical options and their respective expected metabolic outcomes and nutritional risk to pregnancy - Recognize key preconception considerations in patients who have undergone bariatric surgery
15:10-15:30	Break and poster viewing session
15:30-16:05 <i>30 mins</i> <i>5 mins Q&A</i>	<p>Topic: MODY</p> <p>Speaker: Dr. Marilou Tardif</p> <p>Objectives:</p> <ul style="list-style-type: none"> - Define Maturity-Onset Diabetes of the Young (MODY) and discuss main subtypes of MODY relevant to pregnancy - Discuss diagnostic challenges and importance of correct classification during pregnancy - Review appropriate management strategies for pregnant women with MODY diabetes, including the role of genetic counseling and follow-up for the mother and the offspring
16:05-17:05 <i>45 mins</i> <i>15 mins</i> <i>Q&A</i>	<p>Topic: Patient-centered complex case panel discussion</p> <p>Speakers:</p> <p>Dr. Gill Seidman Dr. Alan Karovitch Dr. Felipe Moretti Dr. Carl Laskin</p> <p>Objectives:</p> <ul style="list-style-type: none"> - Recognize high-risk phenotypes of obstetric antiphospholipid syndrome, including triple-positive serology and early catastrophic pregnancy complications - Describe evidence-based and emerging therapies for severe or refractory obstetric APS, including hydroxychloroquine and biologic agents - Apply multidisciplinary strategies to balance anticoagulation and hemorrhage risk in complex pregnancies - Identify insights from the patient experience to improve communication, shared decision-making and care delivery in high-risk pregnancies
17:05-17:30	Closing Remarks and Awards
19:00	Dinner - details to come